

Being
together...
it's
worth
the shot.



Why wait?

All over the world and in Australia too, outbreaks of COVID-19 have kept friends and families apart. New technology has been fantastic for keeping us in touch, but hugging a new laptop isn't quite the same as hugging a new baby.

We're important to each other and we worry, especially where health is concerned. Think about people you care about who are high risk - for example they might be pregnant, immuno compromised or have underlying health issues. The benefits to protecting others, including your family, far outweighs the extremely small risks of vaccination.



Why wait? The best in life is worth the shot.

It'll be much easier to 'keep that lovin' feeling' if we've all done our bit.

It's worth the shot - increasing COVID-19 vaccination confidence.

CHF Consumers Health
Forum of Australia

For further information contact CHF at info@chf.org.au

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Design and production: onlyhuman.com.au

Freedom...
it's
worth
the shot.



Why wait?

What are the everyday freedoms you don't want to do without?

The simple joys of catching public transport, running your business, doing the work you love, taking a dance class, cheering at the footie? And how about the freedom to travel safely to new places?

Don't miss out. No-one wants to be caught out or turned away at the gate – to any of life's possibilities.



Why wait? The best in life is worth the shot.

The more people who help out by being vaccinated, the safer your community is and the more certain the freedoms we can all enjoy.

Be ready for when vaccination is required.

It's worth the shot - increasing COVID-19 vaccination confidence.

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Knowing
you can
plan
something
special...
it's
worth
the shot.



Why wait?

One of the most difficult things for many Australians during the pandemic has been the disappointment of significant moments put on hold or missed altogether. Things like family reunions, Christmas holidays, weddings, funerals, concerts, new jobs, a house move, or studying overseas.



New requirements for proof of vaccination will increasingly make a habit of getting in the way.

Why wait? The best in life is worth the shot.

Didn't think you'd need the vaccination? Didn't expect to be excluded? It can happen anytime, anywhere.

Vaccination will bring you peace of mind – and reduce those outbreaks too.

It's worth the shot - increasing COVID-19 vaccination confidence.

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Listening
to people
you can
trust...
it's
worth
the shot.

Why wait?



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Decisions around our health are probably the most important we'll ever make. That means we need to get the best advice we can from people we trust – your doctor, your nurse, your community health experts.



Now is not the time to be guided by anonymous health advice on social media. Now is the time to trust the trained professionals who have a history of looking after us.

Why wait? The best in life is worth the shot.

Trust (as you always have) in the knowledge and skills you can find at your local general practice, pharmacy or through your aged care provider, counsellor or community nurse.

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We can
be heroes
for each
other...
it's
worth
the shot.

Why wait?



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We've all seen the anxiety and loneliness COVID-19 has brought, especially to the most vulnerable. Many people have felt left out, cut off and are still struggling to feel included again.

The more people who are vaccinated, the safer it becomes for all people to confidently get together again. Sharing your experience with people who are still making their decision is a really important contribution.



Just by speaking up and letting people know you've been safely vaccinated, will help your community be safe enough to welcome everyone. It starts with you.

Why wait? The best in life is worth the shot.

Your mental health is as important as your physical health. Don't let COVID-19 get you down. Being vaccinated is a real relief.

If you, or anyone you know, is anxious or depressed call Lifeline 13 11 24 or Beyond Blue 1300 22 4636.

It's worth the shot - increasing COVID-19 vaccination confidence.

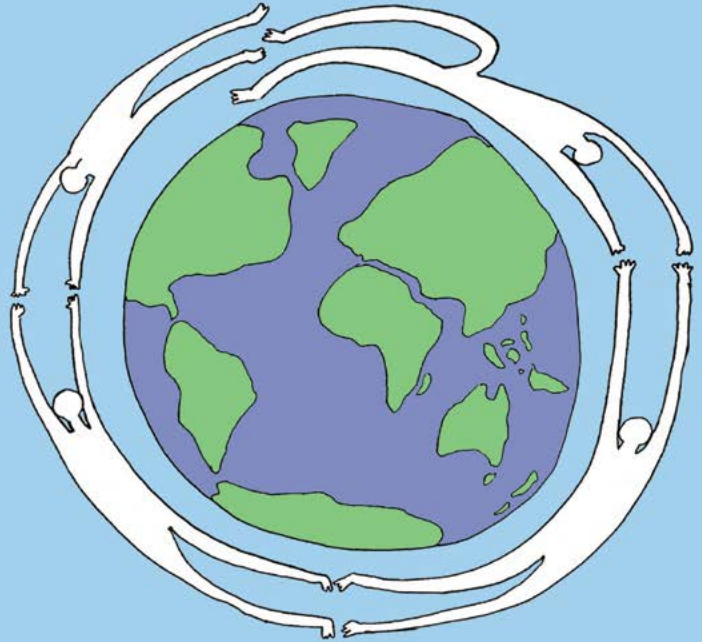
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Making a
safer world
together...
it's
worth
the shot.

Why wait?



Australia can seem a long way from the rest of the world but managing COVID-19 isn't just about us, it's about the world we share. Every country is trying to look after the health and well being of their humans. They need us to do the same.

If we want to keep our borders free, strengthen the economy, create job opportunities and protect the future for our young people... it's up to us to vaccinate.

We've got a lot of living and loving to do yet.



Why wait? The best in life is worth the shot.

Still reeling from Australia being cut off from the rest of the world for so long? The sooner we vaccinate, the sooner we can have choices again.

It's worth the shot - increasing COVID-19 vaccination confidence.

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