



Collaborative
Pairs Australia

A Consumers Health Forum Partnership

TheKingsFund>

Developing Leaders»

COLLABORATIVE PAIRS AUSTRALIA
Our Facilitators

COLLABORATIVE PAIRS FACILITATORS



Debra Kay



Dr. Walid (Wally) Jammal

Debra is a consumer, carer and consumer representative. She has worked for many years in community health partnerships to build accessible, safe and effective health care. She has worked in and led consumer organisations; developed accredited consumer engagement training; holds a number of roles in governance and advocacy; and undertakes volunteer support and advocacy roles with a wide range of community organisations.

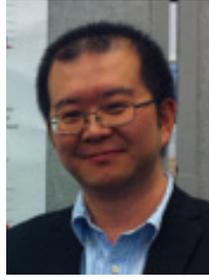
Walid is a GP and an associate Clinical Lecturer at the University of Sydney and Western Sydney University. He has a strong interest in health economics and models of care in general practice, foremost the Patient Centred Medical Home framework. His practice is a lead site in the Commonwealth's Health Care Home trial and the NSW Integrated Care project. He was awarded NSW RACGP GP of the year for 2017.

Debra and Walid share a passion for health reform that takes a partnership approach at the individual level, through person-centred care; in primary care, for example via the Health Care Home initiative; and in systems reform, for example through their work together on the evaluation subcommittee of the Medical Services Advisory Committee as well as the MBS Review.

Debra and Walid feel privileged to learn from the leadership expertise of the Kings Fund and excited about the opportunity to work with in the Collaborative Pairs Australia Demonstration Project. They are optimistic about the potential of this project to build the capacity and expertise of consumers and health professionals to work in genuine partnership to lead change and improve services to improve health and wellbeing outcomes for everyone. They see the project as a unique opportunity to progress evidence based collaborative leadership across health policy, services and research in Australia.



Louisa Walsh



Dr. Chi Li

Louisa is a physiotherapist, lecturer, researcher, and a person with cystic fibrosis who had a double lung transplant in 2010. She is the president of the Heart and Lung Transplant Trust of Victoria, a consumer-led organisation which provides practical and social support for people throughout their heart and/or lung transplant journey.

Chi is a palliative care physician who has worked in a range of inpatient, outpatient and community healthcare settings across Melbourne and country Victoria. He is actively involved in undergraduate and postgraduate education, supervision and mentoring, as well as service development, consumer engagement and advocacy through a number of organisations.

Louisa and Chi have known each other for many years, first meeting when Chi was a junior doctor and Louisa was an inpatient on the respiratory ward at The Alfred Hospital. Recently they collaborated on a project to explore the experience of patients and families living with advanced lung diseases, both before and after transplantation. This has led to the creation of an integrated lung transplant palliative care clinic, which aims to improve the quality of life of lung transplant candidates, recipients and carers.

Louisa and Chi strongly believe that patients and carers are an essential part of the health care team, and that greater inclusion of consumer voices and expertise is vital addressing problems in health services and systems. Louisa and Chi are committed to promoting consumer leadership in healthcare design, delivery and reform.

Their history of collaboration, their experience as educators and leaders, and their enthusiasm to learn, grow and share their skills, make them ideal Collaborative Pairs program facilitators. Louisa and Chi are very excited to be part of this innovative new program and are looking forward to sharing the journey with the other facilitator pairs, and working with future participants in the Collaborative Pairs program.



Jane Cockburn



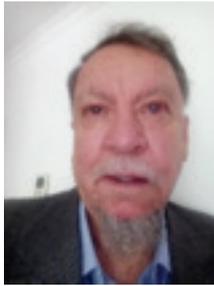
Karen Patterson

Jane is the consumer lead of this 'collaborative pair'. She is a consumer herself and also a passionate consumer advocate. Jane has 30 years' experience in healthcare industry including various executive roles within both public and private organisations. Jane founded Kairos Now Pty Ltd in 2012, her organisation focuses on working with healthcare organisations to build empathy for and get close to consumers, clients and customers. As an expert in this field, Jane shapes collaborative environments that enable consumers to be involved and drive change with the system. She is trainer, capability builder, facilitator, designer and coach.

Karen brings the health professional perspective to the 'collaborative pair'. Since 1983, Karen has contributed to the Australian health system as a clinician, educator, manager, director and executive in rural, metro, public and private settings. Karen, discovered early the power of evidence as a facilitator for change, and has lead models of care, workforce, workplace, policy and academic research activities. Karen has been recognised by her peers for excellence in leadership, for being innovative in challenging the status quo and awarded for leading opportunities to outcomes. Karen is also committed to knowledge sharing, with several publications in international peer-reviewed journals.

Jane and Karen bring complementary strengths and diverse experiences to the program, having formally worked together since 2014 in facilitating diverse stakeholder groups, using coaching and participatory based learning styles. Jane and Karen's joint work has included co-facilitation of leadership and design programs in the context of a new in-patient services and rural health services. They both have a deep willingness to learn, to understand and challenge the status quo, particularly to create futures in healthcare that enable consumers and clinicians to work together delivering outcomes that matter.

Being part of this national demonstration group is a unique and highly valued opportunity to learn together, learn with experts and other likeminded people and be supported in delivering a program that aims to transform and shape the health system through working together in partnership.



Russell McGowan



Dr. Paresh Dawda

Russell is a long-term bone marrow transplant survivor and a consumer advocate and representative in the public and NGO sectors. He has extensive experience in enhancing consumer self-management of chronic conditions as well as working on the development of Australian standards for partnering with consumers to achieve better health outcomes.

Paresh is a GP who came to Australia from the UK and has a wealth of experience with a diverse portfolio of roles and interests. The golden thread uniting these are a passion for patient centred care. Paresh has the ambition and drive to facilitate the redesign and reorientation of services to be genuinely focused on consumers and their needs.

Both are actively involved in the safety and quality of healthcare agenda through roles at local, national and international levels where each brings their unique perspective. Russell brings the rich and critical consumer lens, and Paresh strives to realise the aspiration of an authentic patient centred health care system, through exercising his influence as a clinician, an academic and a leader with relevant subject matter expertise.

They bring together a rare partnership that echoes the principles underlying Collaborative Pairs. What excites them is the potential for Collaborative Pairs to foster a more collaborative dynamic, that puts what truly matters, at the very heart of healthcare.

Collaborative Pairs Australia is supported by the following organisations

