



Collaborative Pairs Australia

A Consumers Health Forum Partnership

INVITATION TO APPLY

CHF invites you to apply for a unique leadership program

“Collaborative Pairs” is a Leadership Development program, developed by the King’s Fund in the UK which brings together a consumer, patient or community leader to work together in pairs with a service provider, clinician or manager to develop new ways of working together. The program assists health professionals (clinicians and managers) and patients and consumer leaders to build productive collaborative relationships, exploring how different roles and perspectives can be a constructive force for change. More information on this program can be found at <https://chf.org.au/collaborative-pairs>

Who is it for?

This program has been designed for pairs from the same local health service, NGO or community service delivering health services to work together on a shared challenge. One half of the pair will be a patient or consumer leader and the other half a clinician or manager (a clinical or service provider leader), both wanting to explore new ways of working together. You will work as a pair for the duration of the program, building your skills in collaborative practice by way of working on a joint work challenge. This program will focus on the relationship and the factors that contribute to effective collaborative practice. The work challenge will be the vehicle for reflection and analysis.

This program will be beneficial to consumers and health service providers who want to make a difference in their local health service systems, enhance their leadership skills, build effective partnerships and develop new and innovative ways of working. Ideally, they will be sponsored to attend by their local LHD, PHN or NGO.

Organisations interested in bringing consumers and health service providers together to improve local health service systems and outcomes for consumers, build a culture of collaborative practice and enhance partnerships between consumers, community and health services should consider sponsoring a pair to attend.

The Program

The program will be delivered over five one-day workshops in three sessions. Each pair will be required to bring a work challenge to work on over the duration of the program. The approach is one of “learning through doing.” The facilitators will provide each pair with two coaching sessions in-

between workshop sessions to assist participants to put their knowledge into practice. The content of the program will cover the following topics:

- Developing relationships across the health system with people who might have different perspectives and priorities
- Developing the tools and practices to handle difficult conversations
- Developing the tools and techniques to effectively communicate your message across the health system
- Understanding the power dynamic in collaborative practice and how to shift it to become more equal
- Effectively managing the political context
- Understanding your personal leadership and conflict resolution styles
- Building a support network to develop your partnerships in the workplace

The program will involve reflection and analysis, input from facilitators and experiential and interactive exercises. It has been designed to be flexible and responsive to the needs of the participants.

Facilitators



Jane Cockburn



Karen Patterson

Jane Cockburn - Jane is the consumer lead of this ‘collaborative pair’. She is a consumer herself and also a passionate consumer advocate. Jane has 30 years’ experience in healthcare industry including various executive roles within both public and private organisations. Jane founded Kairos Now Pty Ltd in 2012, her organisation focuses on working with healthcare organisations to build empathy for and get close to consumers, clients and customers. As an expert in this field, Jane shapes collaborative environments that enable consumers to be involved and drive change with the system. She is trainer, capability builder, facilitator, designer and coach.

Karen Patterson - Karen brings the health professional perspective to the ‘collaborative pair’. Since 1983, Karen has contributed to the Australian health system as a clinician, educator, manager, director and executive in rural, metro, public and private settings. Karen discovered early the power of evidence as a facilitator for change, and has lead models of care, workforce, workplace, policy and academic research activities. Karen has been recognised by her peers for excellence in leadership, for being innovative in challenging the status quo and awarded for leading opportunities to outcomes.

Both Jane and Karen have been trained in “Collaborative Pairs” by the King’s Fund and have delivered two highly successful programs in Western NSW. They will be receiving supervision from Mark Doughty (UK) the architect of the program for the duration of the program.

When: Session 1: Friday 18 and Saturday 19 October 2019

9:30 AM -4:30 PM

Session 2: Friday 29 and Saturday 30 November 2019

9:30 AM -4:30 PM

Session 3: Friday 13 December 2019

9:30 AM -4:30 PM

Where: National Prescribing Service training room, Level 7, 418A Elizabeth St Surry Hills

Cost: \$8,000 per pair (equivalent to \$4,000 per person)

The costs of the program include a diary for self-reflection for each person, access to an electronic set of program materials, two coaching sessions for each pair by the facilitators in between workshop sessions and morning, afternoon tea and lunch on all workshop days.

How to Apply

We are seeking interested, enthusiastic consumers and health service providers who want to improve their collaborative practice and leadership skills to build effective partnerships that can “influence change” to undertake this program.

Interested pairs are required to provide a brief written application (one application per pair) addressing the following criteria:

- Why do you want to undertake this program as a pair?
- What do you understand by “collaborative practice” and why is collaborative practice important to you both?
- Why have you chosen to work with each other? Can you provide a brief overview of either your individual and /or shared work history?
- What do you anticipate being the shared work challenge you will bring to the program?
- What do you hope to get out of participating in this program as a pair?
- How do you think your participation in this program will benefit your organisation and/or community?

Applicants must state their availability and commitment to attend all five sessions. Please complete the **Application Form** addressing the above criteria together with contact details and the names of 2 referees that are willing to support your joint application and email to Jennie Parham at jennie@jennieparhamconsulting.com.au by COB Monday 23 September 2019.

Enquiries: Jennie Parham on 0421 050 401 or email: jennie@jennieparhamconsulting.com.au

Collaborative Pairs Australia is supported by the following organisations:

