

Health Reform

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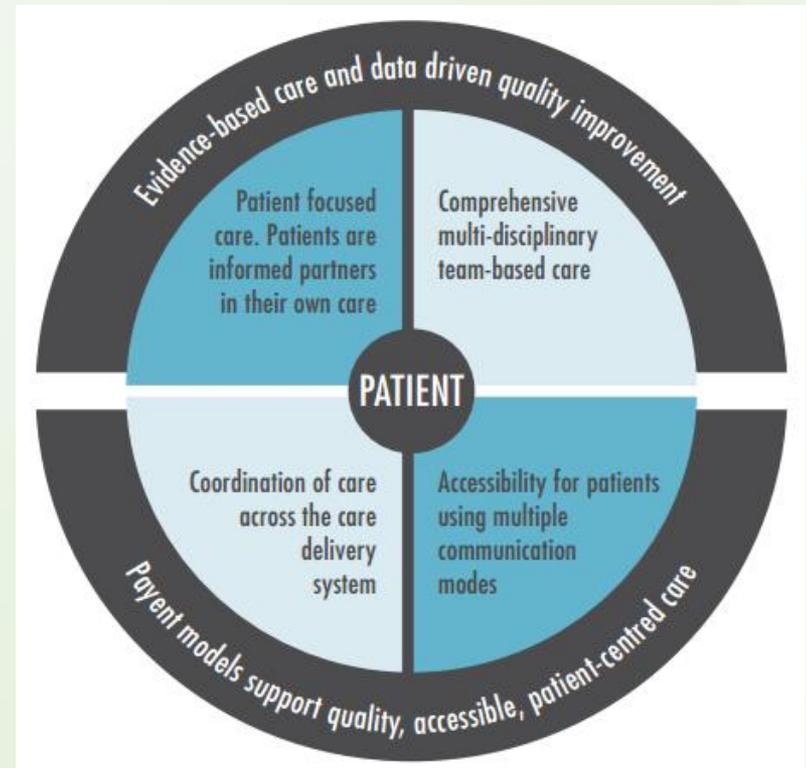
Consumers shaping health

Overview

- Primary Health
 - Health Care Homes
 - Primary Health Networks
- Mental Health
- Rural Health
- Private Health Insurance
- Pharmacy

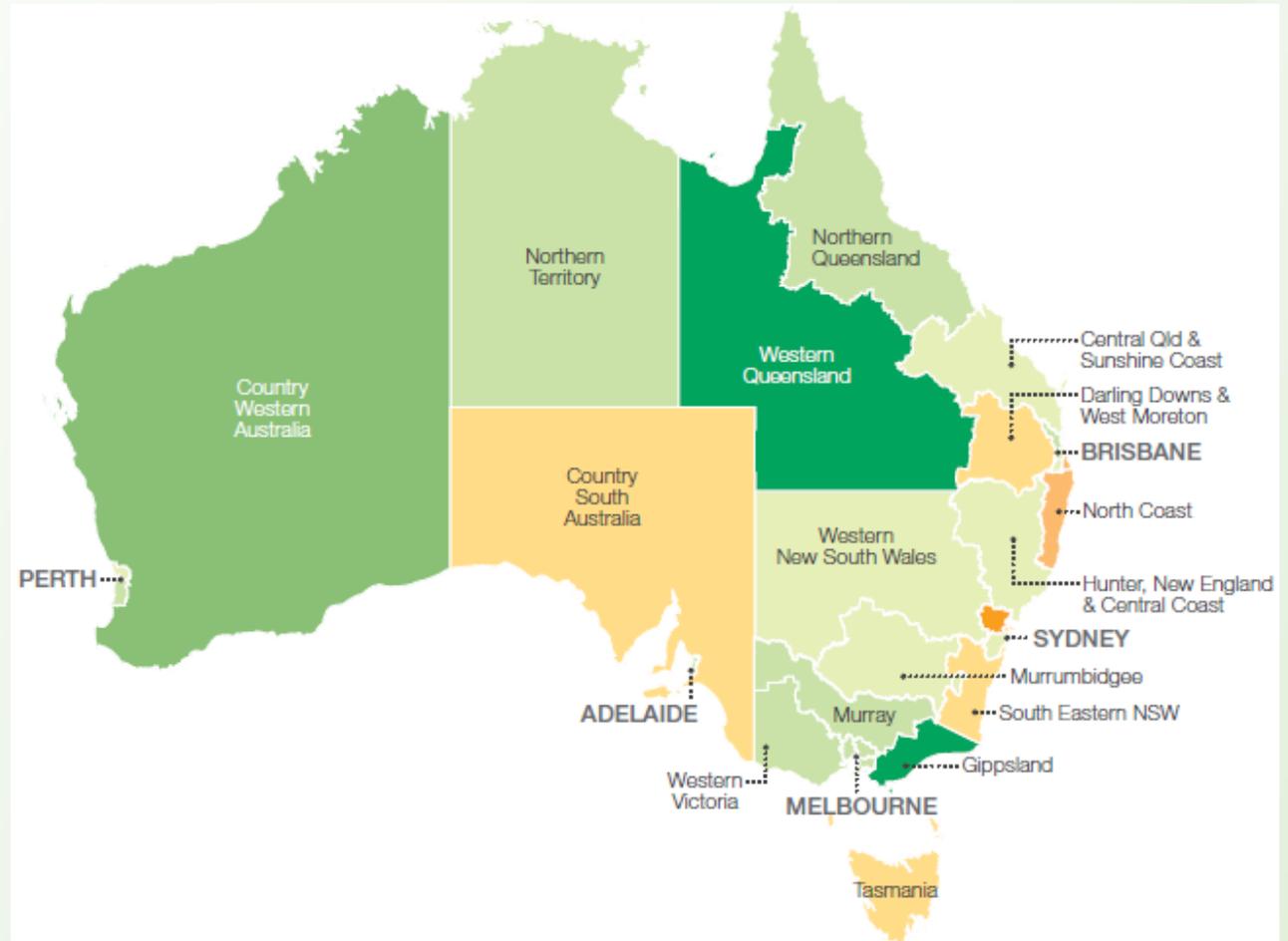
Primary Health Care

- System insufficiently funded
- Lack of integration with broader health sector
- Need for consumer centered primary care
- Healthcare Homes
 - Current model
 - Disparities between this and our ideal model



Primary Health Care

- Primary Health Networks





- Big Picture Reforms
 - National Mental Health Commission Review
 - NDIS Implementation
 - 5th Plan for Mental Health
 - New Commonwealth Minister



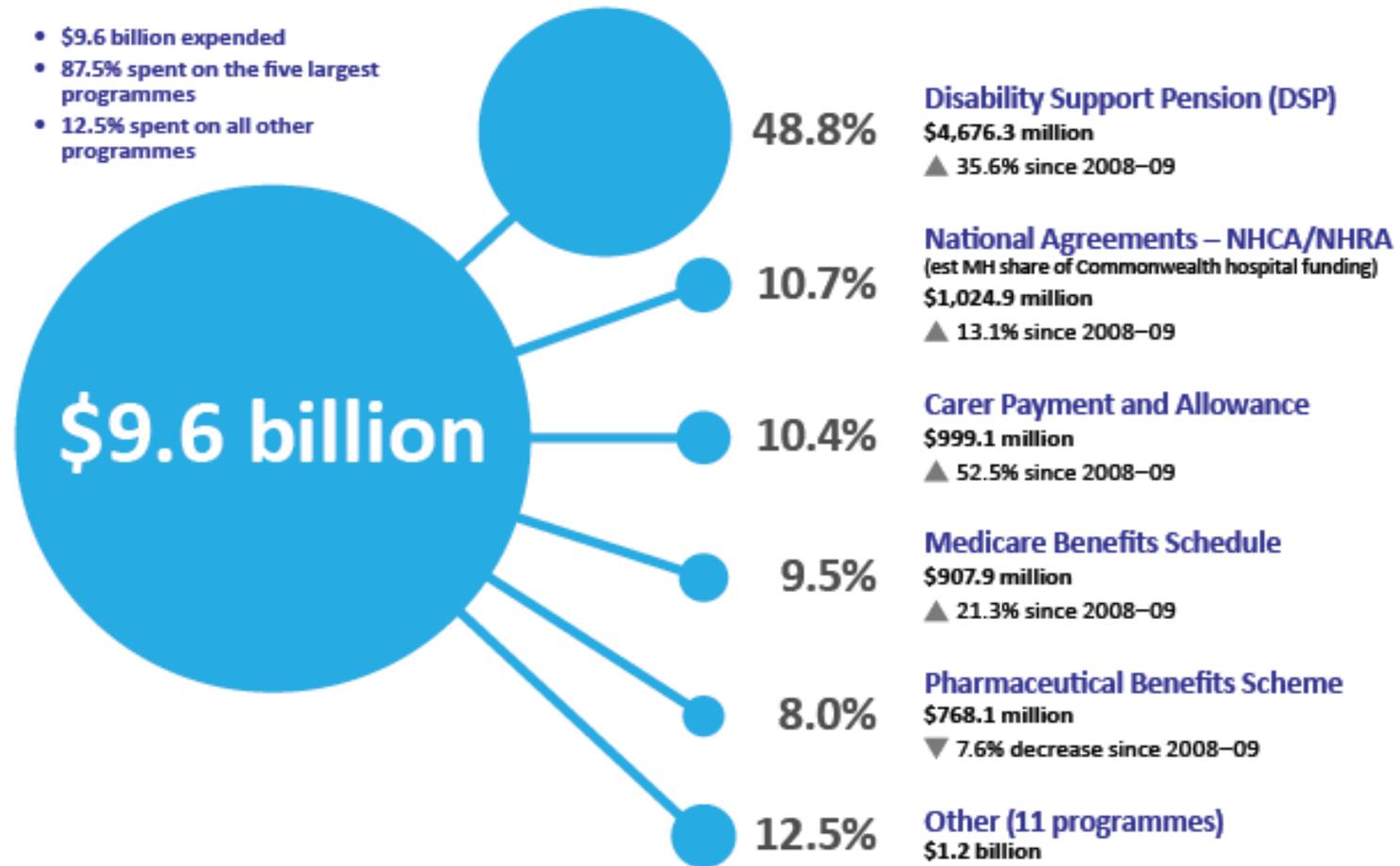
- NMHC Review?

- ...‘fundamental structural shortcomings’ across ‘a poorly planned and badly integrated system,’
- ...‘a hit-and-miss arrangement of services and programmes around the country, seemingly based on no discernible strategy, creating duplication in some areas and considerable unmet need in others.’
- ... ‘a massive drain on people’s wellbeing and participation in the community.’



Commonwealth expenditure on mental health 2012-13

- \$9.6 billion expended
- 87.5% spent on the five largest programmes
- 12.5% spent on all other programmes



- Response to review
 - Commonwealth commissioning via PHN flexible pool
 - New Digital Mental Health Gateway
 - Introduction of “Stepped Care”



- Response to review
 - Integrated whole of childhood mental health pathways
 - Integrated youth mental health services
 - Integrated Aboriginal & Torres Strait Islander wellbeing services (MH, AOD, Wellbeing)
 - Suicide prevention – integrated prevention trials & follow-up services



- Response to review
 - Better care coordination for severe and complex mental health
 - National leadership - including 5th Plan



- NDIS Implementation

However, poorly defined boundaries between the NDIS and mainstream services can raise the risk of gaps in services, duplication of services, and cost shifting (between agencies or governments).

PC Review Issues Paper



- NDIS Implementation

- Confusion regarding boundaries and funding responsibilities
- Absence of governance arrangements to resolve these issues
- Lack of harmonised data collection across systems
- Capacity of PHNs and other systems to coordinate with NDIS



- 5th Plan for Mental Health
 - Governance and responsibilities
 - Consumer and carer co-design
 - Sector capacity and integration
 - Transparency and accountability



- New Commonwealth Minister
 - Speaks of his own lived experience
 - Has indicated mental health is a key priority
 - Has flagged mental health as one of 4 pillars of a National Health Plan





- Some problems with the numbers
 - 690,000 Australian with a severe mental illness each year
 - 230,000 requiring individualised support
 - 64,000 places in the NDIS



Rural Health

National Rural Health Alliance

People living in rural and remote Australia?

- 7 million people
- 65% of Aboriginal and Torres Strait islander people
- Lower incomes
- Higher cost of living
- Lower rates of education (secondary and tertiary)
- Less likely to have PHI
- Less likely to have internet access
- Higher rates of smoking, risky drinking, physical inactivity and overweight/obesity



Rural Health

- Improved access to GPs recently
- Poor access to allied health
- Poor access to specialist services
- Seek hospital treatment later – when illness is far progressed with fewer more invasive treatment options available
- Mental Health is a good example
- Preventable hospitalisations – 20% higher than in cities



Rural Health – Specific Policy Focus

- Rural Health Commissioner
- Workforce
- Primary Health Care – Primary Health Networks
- Prevention and Early Intervention
- PHI
- Digital Health



Private Health Insurance

- Intention and reality of the industry are disparate
- Complex issue and industry
- Large government investment
- Poor perceived value by consumers

#healthycover

Did you know...

**Policies and prices can be different
depending on what state or territory
you live in**

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Private Health Insurance

Key policy issues:

- Complexity of policies
 - Hospital and 'general' or 'extras'
- Exclusions and restrictions within policies
- Rising premium costs
- Out of pocket costs

#healthycover

Did you know...

'Ancillary' and 'extras' cover are the same thing

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Private Health Insurance

- Industry currently under review
- Key issues being examined:
 - Product design
 - Standard clinical definitions
 - Information provision
 - Private patients in public hospitals

#healthycover

Did you know...

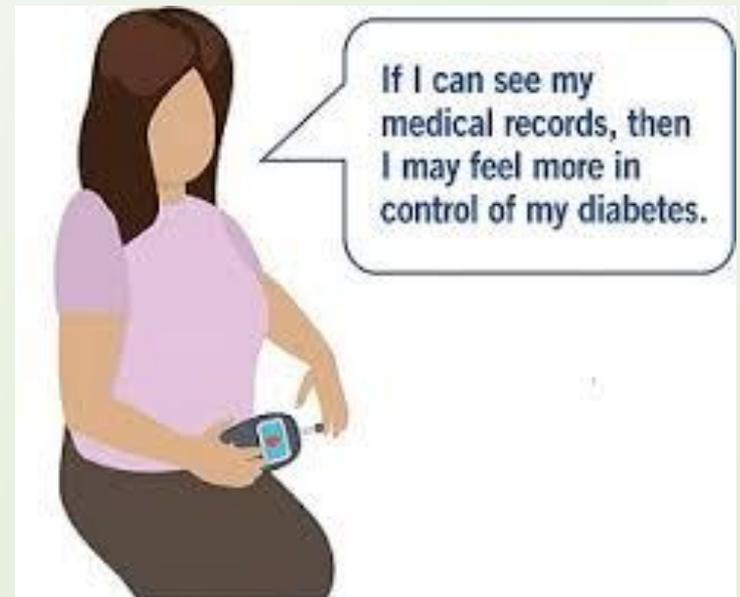
Insurers use different words for the same conditions and treatments

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Digital Health

Key policy issues:

- Low rates of uptake and use
- Ownership of medical data
- Privacy
 - Low rates of trust
 - Uncertainty about protections
- Telemedicine in rural and regional areas



Pharmacy

Review of Pharmacy Remuneration and Regulation

- Currently awaiting the release of the interim report

Will provide recommendations on:

- Future remuneration
- Regulation including Pharmacy Location Rules
- Other arrangements that apply to pharmacy and wholesalers for the dispensing and supply of medicines and other services, including the preparation of infusions or injections for chemotherapy provided under the PBS
- Focus is to ensure that consumers have reliable and affordable access to medicines

Pharmacy

Pharmacy Trial Program – initial areas:

- Improved medication management for Aboriginal and Torres Strait Islanders through pharmacist advice and culturally appropriate services
- Pharmacy based screening and referral for diabetes
- Improved continuity in management of patient's medications when they are discharged from hospital

Second stage areas:

- Community pharmacist outreach to residential aged care facilities;
- Medicines management and reconciliation, especially looking at patients moving between care sectors;
- Pharmacy as part of shared, collaborative primary health care management of appropriate conditions;
- Screening and referral by pharmacists for cardiovascular risk.

More information

- Primary Health Care
 - Health Care Homes:
<http://www.health.gov.au/internet/main/publishing.nsf/Content/health-care-homes>
 - Our report with the George Institute - <https://chf.org.au/sites/default/files/patient-centred-healthcare-homes-in-australia-towards-successful-implementation.pdf>
- Pharmacy
 - Department of Health:
<http://www.health.gov.au/internet/main/publishing.nsf/Content/review-pharmacy-remuneration-regulation>
 - CHF submission:
https://chf.org.au/sites/default/files/chf_submission_to_review_of_pharmacy_remuneration_and_regulation.pdf

More information

- Private Health Insurance
 - PHMAC: <http://www.health.gov.au/internet/main/publishing.nsf/Content/phmac>
 - CHF's campaign: <https://chf.org.au/healthy-cover>
- Digital Health
 - Australian Digital Health Agency: <http://www.digitalhealth.gov.au/>