

healthUPdate

28 August 2020 | Issue 14

From the CEO



Wear a face mask, create a health system

In these topsy-turvy days of COVID, the face mask has taken on a power we would never have predicted just a few months ago. Yes, it has provoked suspicion and antipathy among some. But the more positive outcome has been its effect in supporting and strengthening the community role the individual can play in countering COVID.

In a thought-provoking [article](#), nursing leader, Emerita Professor Mary Chiarella, writes of how mask-wearing makes consumers “creators” of safe health systems. In a wider sense, she portrays the arrival of COVID as seeming to set the scene for a rethink by society, just as the pandemic is revealing the weaknesses in our social fabric.

While Professor Chiarella’s comments may seem to turn upside down the hierarchy in health care, they also vindicate CHF’s long-held advocacy of consumers’ role as co-designers in health. We are not only consumers but also co-producers in health care.

Professor Chiarella asks how do we shift our social rhetoric in terms of these health care practices? She points to a significant movement towards a focus on consumers of health care in Standard 2 of the latest edition of

the Australian Commission for Safety and Quality in [Health Care Standards](#). But she argues the terminology of health care “consumers” and “providers” simply doesn’t work for health care in the time of COVID.

What we need for public health practices, she says, is for the communities to recognise their interconnectedness and to be in the driving seat for the creation of safe new public health systems.

Supporting consumers to be activated and engaged not only in their personal health care but also in the shaping of health systems helps us connect with our society. CHF’s Australia’s Health Panel has been surveying our attitudes and knowledge about masks and so far a very great majority say wearing masks can help prevent the spread of COVID. Wearing face masks is a routine but potent symbol of our interconnectedness.

Leanne Wells

Chief Executive Officer



In this edition of Health Update:

- Consultation Paper Release - Development of the National Preventive Health Strategy
- Print on demand electronic prescription resources
- Webinar: Social prescribing, a script for better living
- Webinar: reimagining healthcare in Australia - the role of digital in future health delivery

News and resources



Australian Government
Department of Health

CONSULTATION PAPER:
Development of the
National Preventive
Health Strategy

Consultation Paper Release - Development of the National Preventive Health Strategy

The National Preventive Health Strategy presents a powerful opportunity for Australia to build a sustainable prevention system for the future – building on previous success and momentum, addressing the increasing burden of disease, reducing health inequity and increasing preparedness for emerging health threats.

Preventive health is a key pillar of Australia's Long Term National Health Plan.

Due to the emergence of COVID-19, the development of the 10-year National Preventive Health Strategy was paused. The Strategy will now be developed by March 2021.

A Consultation Paper has been now developed, which draws on evidence from a range of sources. The Consultation Paper sets out what the Strategy will aim to achieve and conceptually how this might be done.

Feedback received on the Consultation Paper will be used to inform the development of the Strategy.

The Consultation Paper was released today, 28 August 2020, and will be available for comment on Department of Health's [Consultation Hub](#) until 28 September.

Please share this information widely amongst your networks and on social media as the Taskforce would like to ensure they receive a wide-range of views to inform the draft version of the Strategy.

It is anticipated that feedback from the public consultation process will be published in mid October.

[READ MORE](#)



Print on demand electronic prescription resources

The Australian Digital Health Agency has released a range of electronic prescription resources via their [Print on Demand portal](#).

You can find out more about the range of resources in the portal in this [toolkit document](#). The resources include printed (posters, tent cards, window decals etc.) and digital assets (social media tiles, email graphics, email wording etc.) to order and print or download.

The assets are divided into 2 phases: Both phases have specific concepts and artwork that relate.

'Get ready phase' assets are to be used once software is electronic prescriptions conformant.

Once individual pharmacies and doctors have enabled their organisations, the 'Available now phase' should be implemented.

User name and access password for access to members of clinical peak bodies:

User name: Clinical_Peaks_MHR
Password: EagleStreet17

The assets are designed for:

- Pharmacies to share with consumers,
- Doctors to share with patients
- Peaks, Industry and partners to share with their members and clients.

At this time you would only be sharing the 'Get ready phase'.

The Agency covers printing and delivery costs.

PRINT ON DEMAND PORTAL

#WDAD2020



Duchenne Muscular Dystrophy (DMD) Day in September

One in 5000 newborn boys in the world is affected by a rare and fatal disease: Duchenne Muscular Dystrophy (DMD). Seems like a small group, but the 250.000 patients around the globe think big and have big dreams. Duchenne Parents have set up organisations in their countries, and all of them work day by day to guarantee access to care, to improve research, to educate patients and families.

September 7th is the annual day #WDAD2020 will be celebrated!

The online invitation is [available on facebook](#)

Watch an [information video](#)

AWARENESS DAY WEBSITE

CHF Summit 2021 - Shifting Gears

Abstract submissions are now open

Submissions can be for oral, workshop or poster presentations at the [CHF Summit: Shifting Gears](#).

18 - 19 March 2021

The COVID-19 pandemic has disrupted the way we live, work and access healthcare. We invite you to submit your abstract about Consumer involvement in times of rapid change, reflecting on your or your organisation's experience in the COVID-19 pandemic or other similar situations.

- What have you learned during that it can share with others?
- What new parts of our healthcare systems have developed that should be retained and expanded?
- What have we learned about equity and inclusion in a time of crisis?

We also invite you to propose topics across our four streams:

- **Consumers as researchers:** Partnering for new knowledge and translation
- **Consumer-based Health Care:** Integrating consumer and community values in health care and decision-making
- **Consumer Leadership:** Collaborative partnerships in individual health care, services and system
- **Consumer Enablement:** Creating supportive environments

See more about [topics for submissions](#). The closing date for abstract submissions has been **extended to 16 October 2020**.

FIND OUT MORE



[Register for the virtual 9th Global Patients Congress \(GPC 2020\)](#)

You are invited to the 9th Global Patients Congress (GPC 2020), a two-day virtual event on the 16 & 17 September 2020.

The congress is a bi-annual event for the International Alliance of Patients' Organizations (IAPO), which brings together patient advocates, policy makers, civil society, industry and academia to share ideas, explore solutions, and discuss the future of patient-centred healthcare.

This year's theme is *Co-creation in Innovative Healthcare during COVID-19* and will provide a platform for patients advocates together with the wider global health community to engage in focused discussion on health systems.

IAOP hopes you will be able to join them at the virtual GPC 2020 and add your voice to the global patient movement.

[FIND OUT MORE](#)



Being MedicineWise

NPS MedicineWise has a wide range of resources to help individuals, community groups and health services to promote being medicinewise.

Being medicinewise will help you make better health decisions and get the most benefit from your medicines, safely. The emergence of COVID-19 has meant being medicinewise is more important than ever and in recognition, NPS MedicineWise have collated resources in their medicinewise hub.

[GO TO THE HUB](#)

Prescribing Competencies Framework Review

NPS MedicineWise welcomes feedback from all stakeholders on the revised Prescribing Competencies Framework document now available on the [NPS MedicineWise website](#).

Contact: External Relations & Policy Adviser Daniel Pignatiello via dpignatiello@nps.org.au (closes Friday 4 September 2020).

[FIND OUT MORE](#)

Upcoming webinars



#CHF Talks webinar series

Social prescribing, a script for better living

Social prescribing, the emerging remedy in Australia to counter chronic health problems through support for social therapies, is to be the focus of a special #CHF Talks webinar being presented by CHF and Mental Health Australia on 31 August 2020 at 12:00 noon (AEST).

Social prescribing involves the referral of patients to non-medical activities, ranging from health and fitness programs to movie clubs and meditation.

The webinar comes amid increasing recognition of the value of social prescribing in supporting positive therapies for people experiencing stress and loneliness as a result of isolation during COVID.

The webinar will feature Canadian social prescribing leader, Dr Kate Mulligan, with Australian GP exponent, Dr Mark Morgan, practice leader, Jayne Nelson, and youth health consumer advocate, Georgia Gardner.

Mental Health Australia CEO, Dr Leanne Beagley, and CHF CEO, Leanne Wells, will co-chair the webinar.

[REGISTER FOR THIS WEBINAR](#)

The banner features a background image of a person wearing glasses and a white lab coat. On the left, a green vertical box contains the text 'WEBINAR', 'SAVE THE DATE', 'THURSDAY 10th September', and '9am - 10am AEST'. The main text on the right reads 'Reimagining healthcare in Australia: The role of digital in future health delivery'. Below this, it states 'The mass move to telehealth saw Australia's virtual care capacity rapidly accelerate during COVID-19.' and 'Join our panel of experts, including Brendan Murphy and Kulleni Gebreyes, on September 10 as we explore the path from telehealth to virtual care and the opportunities that lie ahead.' At the bottom, it says 'This webinar is a proud joint initiative of' followed by the logos for Deloitte, digital health, and CHF (Consumers Health Forum of Australia).

WEBINAR: reimagining healthcare in Australia - the role of

digital in future health delivery

The mass move to telehealth saw Australia's virtual care capacity rapidly accelerate during COVID-19

Join the panel of experts and explore the path from telehealth to virtual care and the opportunities that lie ahead.

Panelists include: Brendan Murphy (Secretary, Department of Health), Leanne Wells, Kulleni Gebreyes (Partner, Deloitte US) and Steve Hambleton (former State and Federal President, Australian Medical Association).

The webinar will be on Thurs, 10 September from 9.00 am -10.00 am (AEST)

[REGISTER FOR THE EVENT](#)

Surveys



Australia's Health Panel

Australia's Health Panel allows consumers to comment on health policy and issues, and offer feedback on trends and discussions.

Join **Australia's Health Panel** and have your say on today's issues in health care. Please share details about Australia's Health Panel with your networks.

For August 2020, we are asking about consumer views of and experiences with the **use of facemasks** to counter the COVID-19 pandemic in Australia

[HAVE YOUR SAY](#)

Media releases

[Health insurance needs deep diagnosis](#)

The calls for yet further tinkering with health insurance to make it more attractive to already financially-stretched young people highlight the need for a thorough rethink

[MEDIA RELEASE: 18 AUG 2020](#)

[Make mask supply mandatory for health care workers](#)

Inadequate supply of face masks reported in some hospitals and widespread confusion

[MEDIA RELEASE: 11 AUG 2020](#)

All Media Releases and editorial

Conferences and workshops



Summit - Shifting Gears 2021

The CHF Summit offers the opportunity for both organisations and consumers to come together to explore, discuss and grow the concept and practice of consumer-centred care, and be at the forefront of system change. We look forward to seeing you on the 18 - 19 March 2021.

Submissions can be for oral, workshop or poster presentations at the [CHF Summit: Shifting Gears](#).

Principal Sponsors of the Shifting Gears summit: Australian Commission for Safety and Quality in Health Care, Australian Department of Health, Australian Digital Health Agency and NSW Health.

Conference features

Capturing experiences of care

A pre-conference masterclass in experience based co-design.

This masterclass exposes participants to the practices and benefits involved in experience based patient experience and co-design.

Achieving improved experience for consumers requires going beyond the usual approaches and moving to one that brings people together. Co-design methods are used to better understand how it feels to deliver and receive care, and to make improvements together.

With healthcare services striving for improvement - in clinical outcomes, cost of delivery, and staff and patient experience, this training will show how co-design creates value for both consumers, staff and healthcare providers and how to further advance value based design.

The Masterclass will be delivered by **Dr Lynne Maher**, recognised in many places worldwide for her work on patient experience and co-design, creativity and innovation and sustainability for improvement.

Dr Lynne Maher is Director of Innovation, Ko Awatea, Counties Manukau, Auckland, Associate Honorary Professor of Nursing, University of Auckland, and Adjunct Associate Professor, School of Medicine, Tasmania

CONFERENCE WEBSITE

CHF Journal - Health Voices



Prevention – turning hindsight into foresight

Investing in early childhood, especially the first 1000 days, pays off with prevention of adverse adult health and social outcomes, and substantial benefits to society and human capital, writes Professor Sharon Goldfeld.

Health Voices
Issue 26 | May 2020

READ MOIRE

Webinar replays

A summary of our recent webinars for health care consumers

- A celebration of the learnings from the National Collaborative Pairs program [watch replay](#).
- Script change - electronic prescribing and the consumer ... [watch replay](#).
- Not Going Viral - consideration of future-focused health policy post COVID with Deputy Chief Medical Officers Dr Nic Coatsworth and Prof Michael Kidd [watch replay](#).
- Telehealth in Primary Care [watch replay](#).
- The National Health Inforamtion Strategy - what is it, and does it mean for consumers [watch replay](#).

CHF YOUTUBE CHANNEL

Resources and Information for COVID-19



Use **Healthdirect Australia**, the Australian Government Health advice portal for consumers, for [information on Coronavirus information](#), [symptom checker](#) and helpline: 1800 022 222.

Turn to the website of the [Department of Health](#) to find the most recent, verified information, posted daily.

Use the [World Health Organisation](#) website to verify accuracy of health advice.

Be Health Aware - [CHF portal for health resources](#)

Resources and Information



Department of Health

Factsheet - [Home Medicines Services information for consumers](#)

[Infection control training](#) - 30-minute online training module for health care workers in all settings. It covers the fundamentals of infection prevention and control for COVID-19. This training is recommended as a useful resource for everyone.

Australian Commission of Safety and Quality in Healthcare

Guide to [infection prevention and control and medicines](#)

Elective surgery [guidelines and Q&A for consumers](#)

Factsheet: healthcare rights for people with cognitive impairment: [Easy English Guide](#)

Guides on Telehealth

NHMRC Partnership Centre for Health System Sustainability provides easy to [follow guides on telehealth](#) for consumers. See the [telehealth consumer advice](#) and [video guide factsheets](#).

NPS MedicineWise

A new [information hub from NPS MedicineWise](#) will help you be medicinewise during COVID-19

Video with [information for people](#) who are **considering taking opioids** for chronic (ongoing) non-cancer pain.

Digital Mental Health Standards

Fact sheets [to provide tips](#) for consumers, carers and clinicians

Resources about COVID-19 for speakers of languages other than English



Public health information in 18 Languages

These essential videos on [keeping safe during the pandemic](#) were prepared for culturally and linguistically diverse (CALD) communities by the North Western Melbourne Primary Health Network.

Factsheets for people with chronic conditions during COVID-19

Maridulu Budyari Gumal has developed [COVID-19/Chronic Condition fact sheets](#) for non-English speakers with chronic diseases including heart disease, diabetes and lung disease. Available on the website SPHERE.

Advice for wearing masks



The upsurge in COVID-19 cases, particularly in Victoria, has prompted wider calls for people to wear face masks if they are in crowded locations.

If you want to know more about face masks, this [informative page](#) from Victoria's Health and Human Services Department will answer most of your questions, and even has advice on how to [make face masks at home](#).

The Australian Department of Health has released a [subtitled video](#) from the Commonwealth Chief Nurse and Midwifery Officer, Alison McMillan, with health advice from the Department on when you need to wear a face mask in Australia, how to wear one and remove it safely.

We want to hear from you



COVID SPACE – a place for sharing stories

What's happening in your home and community to beat COVID-19?

Share your story - tell us on **COVID SPACE**

We want to hear about the smart moves and fresh steps in your community to counter the virus.

Email the Communications Team on Communications@chf.org.au or share your story with us on [Facebook](#)

EMAIL THE COMMUNICATIONS TEAM

Consumer program

Consumer representative appointments

Congratulations to:

Jo Root, nominated to the Therapeutic Goods Advertising Consultative Committee (TGACC) Working Group

Consumer reports



CHF expects and appreciates reports from CHF nominated consumer representatives. These reports help keep CHF informed of consumer representative work.

Consumer representative reports can be made online, via email, mail or phone. CHF thanks the following consumer representatives for keeping us up to date on their work.

Janney Wale, Australian Commission on Safety and Quality of Health Care Draft National dispensed prescription medicine labelling standard

Consumer representative vacancies

CHF nominates consumer representatives to high level committees and those related to funded priority areas. Calls for nominations are made via *healthUPdate* and the CHF website. Not all opportunities are advertised due to time limitations or because CHF decides to target invitations due to the specific work or strategic nature of the work involved.

More information about all the opportunities below can be found on our Consumer opportunities webpage.

If you have any questions, please contact the person listed or alternatively, our Consumer and Member Relationship Coordinator, **Ghislaine Martin**, on 02 6273 5444 or email g.martin@chf.org.au.

Full details of committee vacancies are only accessible on our website by our members and consumer representatives. If you do not have access and would like to apply, please contact Ghislaine Martin on 02 6273 5444 or g.martin@chf.org.au.

National Asthma and Other Chronic Respiratory Conditions Monitoring Advisory Group

Australian Institute of Health and Welfare (AIHW)

The AIHW manages the National Centre for Monitoring Chronic Conditions (the Monitoring Centre) to undertake surveillance and monitoring of chronic conditions including asthma and other chronic respiratory conditions. The Monitoring Centre monitors chronic respiratory conditions and their determinants, covering prevention, treatment, management, mortality, and differences between population groups; with an emphasis on cross-disease work reflecting the interrelated nature of many chronic diseases and their determinants.

The National Asthma and Other Chronic Respiratory Conditions Advisory Group (Advisory Group) provides a wide range of expert advice to AIHW regarding data monitoring and surveillance activities of asthma and other chronic respiratory conditions such as chronic obstructive pulmonary disease (COPD).

Applications close at 12:00 midnight AEST on Sunday 20 September 2020.

[MORE INFORMATION](#)

[SEE ALL CONSUMER REP OPPORTUNITES](#)

Other Consumer Representative Vacancies

This section is for consumer representative opportunities that CHF does not provide nominations for. Members can work directly with other stakeholders to nominate consumer representatives to committees that are of interest to them.

CHF checks that consumer participation is supported with coverage of travel costs and sitting fees, however CHF does not prescribe an amount for sitting fees as committee requirements vary.

Nutrition Care Preferences in General Practice Study

Griffith University

Griffith University is recruiting participants for a study: Nutrition Care Preferences in General Practice. Would you like to share your views about nutrition in general practice?

Participants will be asked about their experiences of and preferences for how they would like to receive nutrition care.

You will be asked questions over the phone about your health care experiences and preferences and how you would like to receive nutrition

care.

Closes on Monday 31 August 2020.

[MORE INFORMATION](#)

[BECOME A MEMBER](#)



We sent you this email because you opted to receive this newsletter from the [Consumers Health Forum](#).
[Unsubscribe](#) or email us info@chf.org.au | Tel: 02 6273 5444