

YOUTH healthUPdate



January 2020

Opportunities to have your say, news, resources and more!

Opportunities



Youth Health Forum Roundtable 29 and 30 June 2020

We are very excited to announce the next Youth Health Forum event will be a Roundtable in Melbourne this year. It will be the same format as last time with a welcome dinner on the Monday night and a day of discussion on the Tuesday.

The focus of these discussions will be on expanding your recommendations to address the transition between paediatric and adult services.

CHF will be running an awards scheme for young people partnering with service providers to run innovative pilot projects and we'll be seeking your input on the project criteria (design principles, parameters and challenges they might address) and how CHF can set this scheme up so that it meets the needs of young health innovators and entrepreneurs.

[RSVP](#)



Young Carers Policy Forum 24 March 2020

Carers Australia is hosting a Policy Forum at the National Press Club in Canberra to discuss important issues affecting young carers. CHF will be funding a representative of the Youth Health Forum to attend this event with Carolyn Thompson.

For more information or if you would like to come to the Forum please send in an expression of interest by the Sunday 23 February.

[MORE INFO](#)

CHF | SUMMIT 2020

Shifting Gears



Save the Date

CHF will be hosting the inaugural Australian and New Zealand Consumer Experience and Leadership in Healthcare Summit on 2-3 September 2020 at the International Convention Centre in Sydney.

The Summit will offer both organisations and consumers who want to be at the forefront of system change the opportunity to come together to explore, discuss and grow the concept and practice of consumer-centred care.

There will be lots of opportunities to get involved or apply for free registration so keep an eye out!



Australian vaccines study research advisory group

The Australian Vaccines research project aims to provide evidence on real-world use of the quality use of vaccines, specifically the extent of coverage in Australia for adult and adolescent vaccines recommended in the Australian Immunisation Handbook (both funded and unfunded).

Applications close 14 Feb.

[MORE INFO](#)

Test the usability of our app

Australia's Health Panel is rolling out a mobile app to give people more flexibility in having their voice heard on current health issues. We're currently looking for people to test both an iOS and Android version of the app. If people are interested please let us know your email address and the version of the app you would be using. For example:

alphonse.elric@gmail.com android

maes.hughes@dad.org.au ios

Note- Android users must use the email address they use for the Play Store to download the test App.

[EMAIL](#)

Updates from YHF Members

CHF's Board in 2020 - Roxxanne MacDonald, QLD

As well as being a member of the YHF, I also joined CHF's board in August last year, so I want to say hi and give a little look at what it's been like.

First, a quick summary of what a board is:

Every board is a bit different. CHF's board has 9 members and we meet five times a year. Essentially, a board makes sure the organisation is working towards its purpose. They oversee things like compliance and risk, planning and strategy, and finances.

Joining the board has been a steep learning curve, but also really rewarding. A lot has been happening in this big and complex sector including the Productivity Commission Inquiry into Mental Health, a Royal Commission into Aged Care, and lots of government strategies and reforms. I'm still improving my knowledge of all the health sector acronyms!

I've gotten to know the initiatives CHF is advocating for like social prescribing (which you can read more about here). The board is also an advocate for issues particularly important to young people, like raising Youth Allowance and Newstart, and the health impacts of Climate Change.

All of us know having young people at the table is important, especially for youth-focused issues, young people's issues, but as a board member I learn and contribute to everything from primary health, the federal budget and even aged care.

I'm really looking forward to an exciting year for CHF and the YHF as well as the CHF Summit 2020: Shifting Gears later this year. I'm excited to see young leaders, particularly the YHF, showcase the work they've been doing and demonstrate why young consumers are so valuable.

Social Prescribing Round Table - Georgia Gardner, VIC

Have you heard of Social Prescribing? Social Prescribing is a mechanism for health professionals to refer consumers to non-health services and supports. For example, prescribing that a patient with a rare chronic disease connect with a peer-based support charity for the condition, or prescribing a patient with symptoms of loneliness and low rates of physical activity connect with their local Park Run organization. Social Prescribing is grounded in the social determinants of health, and patient-centred care.

On Monday, November 25th a roundtable on Social Prescribing was held in Melbourne. The event was co-hosted by CHF and the Royal Australian College of General Practitioners (RACGP) in partnership with the National Health and Medical Research Council Partnership Centre on Health System Sustainability. The roundtable aimed to explore whether social prescribing should play a role in our model of healthcare, and what essential approaches are required to meet consumer needs.

The event was attended by a range of stakeholders, including GP's, allied health professionals, peak body representatives and consumers. In general, the support for developing an imbedded model of Social Prescribing in primary and allied healthcare was strong. A key highlight was a presentation and Q&A session with several practitioners already running pilot or trial programs for different models of Social Prescribing, which demonstrated many of the potential benefits, and also the level of administrative care needed, in running this type of program.

Social Prescribing practices are already in place in several health systems internationally. Systematic reviews of Social Prescribing literature have been optimistic, but highlight a need for wider scale testing and analysis to determine the impacts and best practice for the Australian system.

Primary Health Network Planning Day - Brooke Simpson, ACT

The Primary Health Network planning day took place in Adelaide on 19th of December 2019, the roundtable was extremely informative and an excellent chance for consumers to have an influence over key policy areas which are undergoing major change in the coming years. Representatives from various peak bodies in rural and remote health care were present along with the President of the AMA - Tony Burton, CEO of CHF Leanne Wells and Professor Paul Worley - National Rural Health Commissioner.

The roundtable provided opportunity for discussion and suggestions for improving prevention, primary health care and health workforce for people living in rural and remote areas. Department of Health representatives Simon Cotterell and Sharon Appleyard comprehensively summarised the discussion to utilise it to better inform primary healthcare network reforms.

News and Resources



Launch of the WH&Y Commission

The WH&Y Commission was set up in 2019 following extensive consultation with young people. The intent of this commission is to ensure young people are systematically involved by organisations, researchers and policymakers when they set agendas, create projects and run consultations in their work on adolescent health.

[LEARN MORE](#)

Poor health a factor in youth detention

A global review of hundreds of research papers has found that a combination of health difficulties and social disadvantages made young people more susceptible to criminal behaviour and criminalisation. The reviewers make a strong case for prevention policies to include these factors and to raise the age that children can be incarcerated.



[LEARN MORE](#)

Send in your contributions!

Are there opportunities or resources of interest that you would like to share with the Youth Health Forum? Send them c.thompson@chf.org.au.

Consumers Health Forum

7B/17 Napier Close,
Deakin ACT 2600

02 6273 5444/info@chf.org.au

