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Newsletter

March 2021

YHF and CHF News



CONFERENCE - CHF's Summit goes virtual

CHF has the inaugural Shifting Gears Summit coming up this month and we are very excited to invite all members of the Youth Health Forum to attend.

There will be some interesting keynote speakers, a Big Ideas video forum hosted by Ellen Fanning and 6 different parallel sessions focusing on different areas of consumer health.

Several members of YHF will be speaking at these events so keep an eye out for our colleagues kicking goals.

Members of the forum will be eligible for complimentary registration to attend the 2 main days with the link below. I would encourage you to sign up even if you can't make it as all of these workshops and talks will be stream-able for a year after the event.

To sign up for your free ticket send L.catania@chf.org.au an email

[SUMMIT WEBSITE](#)



Introduction to new National Coordinator

I want to take a moment to introduce myself as Luke Catania, the new National Coordinator for YHF. I took over from Carolyn in late January and it has been whirlwind of catching up and planning for the future.

We have lots of exciting things planned for this year, a summit, a grants program and lots of advocacy for youth voices in healthcare.

I look forward to hearing back from and working with many of you over the coming months with the various opportunities and engagements that we will have organised.

To give you a bit of background on myself, i'm originally from regional coastal new south wales, I moved to Canberra to study communication and have since finished that up. I am passionate about diet, exercise and health, LGBTQI+ health and systemic health communication among many other niche things.

If you ever have ideas or opportunities that you would like to see YHF engage in please don't hesitate to get in contact with me. I'm always happy to discuss using out network to amplify youth voices.

Im best reached by my email at L.catania@chf.org.au or you can call the office on: 0262735444

P.S. I recently made a [twitter for YHF](#), you should give it a follow if that is your thing.



YHF Life Transitions and Youth Pathways to Health Services report released

An exciting YHF initiative that will now be ramping up is the report and set of recommendations you developed as part of working groups last year.

It was a process that involved work from many of you as well as collaboration with Wellbeing Health & Youth Centre for Research Excellence.

It contains 5 key areas of recommendations for the federal government that would allow for a more effective and consumer focused system for healthcare transitions. You will be hearing more about this over the coming weeks.

[A media release from CHF can be found here](#)

[READ THE REPORT](#)

Young Advocates Webinar Series

We have also finalised and uploaded the webinars on being young advocates that occurred late 2020. The links can be found below

[SEE THE VIDEOS](#)



YHF Members

YHF Young Leader Roxxanne MacDonald has been busily working on a few written pieces on LinkedIn that discuss consumer co-design in the health sector.

So far she has covered [consumer engagement](#) and [inclusive design](#). They are both well worth the read and raise some interesting questions for the healthcare industry.

[READ MORE HERE](#)

Opportunities with other organisations



Zoom Consultation with UN Youth Australia

Members of YHF are invited to take part in the Australian Youth Representative to the United Nations listening tour. The Rep, Lucy Stronach will be joining us on a zoom consultation with the question "What would Australia look like if young people were the key drivers of decision making?"

The consult will be on Thursday the 11th of March at 4:30pm AEDT

[JOIN HERE](#)

Help develop a guide for Consumer Representatives

The Australian Commission on Safety and Quality in Healthcare (ACSQHC) has asked the Consumers Health Forum to work with health consumers to design a guide that will encourage more consumers to take on consumer representative roles and progress the NSQHS Standard 2: Partnering with Consumers.

To help with this we are taking applications to join the Project Advisory Committee

To take part in this project you need to be available for online meetings and co-design information for consumer representatives between now and June.

You will be compensated for your time and involvement in this project if chosen

[CHECK IT OUT HERE](#)

News and Resources



Royal Commission into Victoria's Mental Health System Final Report

The final report into the state of Victoria's mental health systems has been tabled to parliament and is now publicly available. It has some significant recommendations and is well worth browsing through if you are interested in the future of Australian mental healthcare systems.

[Read CHF's press release on it](#)

[RCVMHS FINAL REPORT](#)

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